Coronavirus Disease (COVID-19)

Symptoms:
fever, runny nose, cough and sore throat. For some, it can be more severe leading to pneumonia or breathing difficulties. Symptoms may develop within 14 days after exposure.

Protect yourself from getting COVID-19
- Washing your hands frequently with soap and water or use an alcohol-based hand rub
- Avoiding touching eyes, nose and mouth with unwashed hand
- Avoiding close contact with people who have fever and coughing

When coughing and sneezing cover your mouth and nose with flexed elbow or tissue
Throw tissue into closed bin immediately after use

If you suspect you may have COVID-19, contact +856 20 5606 6777 (Lao and English, contactable 24/7)

For more information, please contact the hotline 166 (24/7)